

# BRISTOL FOLK HOUSE

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# SUMMER 2024

**SUMMER TERM**  
15th April — 13th July

**HALF TERM**  
27th — 31st May

## COURSES + WORKSHOPS

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## GET IN TOUCH



**0117 926 2987**



**BRISTOL FOLK HOUSE**

40A Park Street  
Bristol BS1 5JG



**admin@bristolfolkhouse.co.uk**  
**www.bristolfolkhouse.co.uk**

**PLEASE NOTE:** We do not have parking facilities. Trenchard Street is the closest parking. We encourage those who can, to arrive on foot, by bike or by bus. We currently do not have step free access and accessible facilities.

### SUMMER TERM

#### OFFICE OPENING HOURS:

Monday – Thursday 9.00am – 9.00pm  
Friday and Saturday 9.00am – 4.00pm  
Sunday – Open when workshops are running

### SUMMER TERM DATES 2024

15th April – 13th July

**Half term:** 27th May – 31st May

## ENROLMENT INFORMATION

For full descriptions, material lists and terms and conditions please visit

**www.bristolfolkhouse.co.uk**

Please read the full terms and conditions before enrolling.

**You can enrol:**



Online



By phone



In person

### PLEASE NOTE

- You will need to have paid in full for your course to guarantee your place. Please book early, as spaces fill up quickly.
- You must be over 18 years old to attend a course. All courses are non-accredited.
- Concession rates are available for Over 65s, Students, NHS (Blue Light cards), or claiming Universal Credit.
- Some courses may involve additional costs for materials. Check the materials section on the course information.
- Please check if the course will be taking place online or in person.

### REFUNDS

- If you wish to cancel your place you must inform us at least 14 days before the start date of your course. In this case you will receive a refund minus a 15% admin fee.
- If you give us less than 14 days' notice, or your course or workshop has already started a refund will be not given unless it is for medical reasons.
- In the event that we have to cancel a course due to low numbers we aim to inform you 24 hours before it starts.
- If we have to cancel a course and we can not transfer you, we will issue credit or a refund.

# TIMETABLES

BRISTOL FOLK HOUSE  
SUMMER TERM 2024

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All courses are in person unless stated otherwise

## ARTS

### DRAWING

CODE	COURSE	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
BA02	<b>Learn To Draw (Beginners)</b>	Marilyn Millard	6 wks	Mon	03 Jun	10:15 - 13:00	£158.50
BA04	<b>Learn To Draw (Improvers)</b>	Marilyn Millard	6 wks	Mon	03 Jun	14:00 - 16:30	£145.00
BA05	<b>Cartoons and Comics</b>	John Rea	6 wks	Mon	03 Jun	19:45 - 21:45	£108.00
BA06	<b>Exploring Drawing</b>	Jenny Mizel	6 wks	Tue	04 Jun	13:30 - 15:30	£108.00
BA08	<b>Urban Sketching</b>	Andy Gray	6 wks	Wed	05 Jun	10:00 - 13:00	£177.00
<b>WORKSHOP</b>							
SA04	<b>Introduction to Drawing Bristol Architecture</b>	Andy Gray	1 day	Sat	04 May	10:00 - 16:00	£67.00
SA05	<b>Painting and Drawing Birds in Flight</b>	Andy Gray	1 day	Sun	12 May	10:00 - 16:00	£67.00
SA06	<b>An Introduction To Drawing</b>	Marilyn Millard	1 day	Sat	18 May	10:00 - 16:00	£62.00
SA07	<b>Drawing for Beginners</b>	Roma Widger	1 day	Sat	25 May	10:00 - 16:00	£67.00

### FIGURE DRAWING

CODE	COURSE	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
BA10	<b>Complete Figure Drawing and Anatomy</b>	Andy Gray	6 wks	Mon	03 Jun	19:45 - 21:45	£118.00
BA12	<b>Portraiture</b>	Warren Sealey	6 wks	Thu	06 Jun	19:45 - 21:45	£153.00
<b>WORKSHOP</b>							
SA09	<b>I Wish I could Draw Faces!</b>	Bill Guilding	1 day	Sun	05 May	10:00 - 16:00	£77.00
SA10	<b>Live-Motion Drawing Workshop*</b>	Sachin Babbar	1 day	Sun	12 May	13:00 - 16:00	£48.50
SA11	<b>Life Drawing Day</b>	Bill Guilding	1 day	Sun	19 May	10:00 - 16:00	£82.00
SA12	<b>Anatomy and Physiology: the Head</b>	Andy Gray	1 day	Sat	08 Jun	10:00 - 16:00	£67.00
SA13	<b>Portraiture from Life</b>	Bill Guilding	1 day	Sun	09 Jun	10:00 - 16:00	£82.00
SA14	<b>Anatomy and Physiology: The Basics</b>	Andy Gray	1 day	Sun	16 Jun	10:00 - 16:00	£67.00
SA15	<b>Live-Motion Drawing Workshop*</b>	Sachin Babbar	1 day	Sat	06 Jul	13:00 - 16:00	£48.50

### MIXED MEDIA

<b>WORKSHOP</b>							
SA16	<b>Charcoal and Pastels</b>	Jenny Mizel	1 day	Sat	11 May	10:00 - 16:00	£62.00

■ COURSE ■ WORKSHOP \* NEW

## PAINTING: OILS AND ACRYLICS

CODE	COURSE	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
BA19	<b>Oil Painting for Improvers</b>	Warren Sealey	6 wks	Tue	04 Jun	18:45 - 20:45	£118.00
	<b>WORKSHOP</b>						
SA18	<b>Acrylic Painting Workshop</b>	Jenny Mizel	1 day	Sat	01 Jun	10:00 - 16:00	£62.00
SA19	<b>Oil Painting for Beginners Workshop</b>	Warren Sealey	1 day	Sat	06 Jul	10:00 - 16:00	£62.00

## PAINTING: WATERCOLOUR AND INK

CODE	COURSE	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
BA23	<b>Watercolour for Improvers</b>	Warren Sealey	6 wks	Tue	04 Jun	13:45 - 15:45	£113.00
BA24	<b>Wildflowers, Watercolours and Wellbeing*</b>	Holly Foskett-Barnes	6 wks	Tue	04 Jun	14:00 - 16:00	£108.00
BA25	<b>Painting with the Moon*</b>	Holly Foskett-Barnes	6 wks	Tue	04 Jun	16:30 - 18:30	£108.00
BA27	<b>Landscapes in Watercolour (Mixed)</b>	Marilyn Millard	6 wks	Wed	05 Jun	10:15 - 13:15	£172.00
BA29	<b>Simply Watercolour (Beginners)</b>	Marilyn Millard	6 wks	Wed	05 Jun	14:00 - 16:45	£158.50
BA32	<b>Watercolour for Beginners</b>	Warren Sealey	6 wks	Thu	06 Jun	17:15 - 19:15	£113.00
	<b>WORKSHOP</b>						
SA23	<b>Introduction to Botanical Painting in Watercolour</b>	Marilyn Millard	1 day	Sat	11 May	10:00 - 16:00	£62.00
SA24	<b>Wildflowers and Wellbeing: Painting Bluebells*</b>	Holly Foskett-Barnes	1 day	Sun	12 May	13:00 - 16:00	£28.50
SA25	<b>A Summer Cottage in Watercolour and Pen</b>	Marilyn Millard	1 day	Sat	01 Jun	10:00 - 16:00	£62.00
SA26	<b>Landscapes in Watercolour (Skies, Fields and Trees)</b>	Marilyn Millard	1 day	Sat	08 Jun	10:00 - 16:00	£62.00
SA27	<b>An Introduction to Painting in Watercolour</b>	Marilyn Millard	1 day	Sat	22 Jun	10:00 - 16:00	£62.00
SA28	<b>Skies and Seascapes in Watercolour</b>	Marilyn Millard	1 day	Sat	13 Jul	10:00 - 16:00	£62.00

## PHOTOGRAPHY

CODE	COURSE	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
BA33	<b>Beginners Darkroom Printing</b>	Wendy Leocque	5 wks	Mon	17 Jun	14:00 - 16:00	£140.00
BA36	<b>Next Steps in Digital Photography</b>	Lee Spencer-Fleet	6 wks	Fri	07 Jun	10:00 - 13:00	£162.00

PHOTOGRAPHY CONTINUED

CODE	WORKSHOP	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
SA32	<b>Anthotype and Chlorophyll Printing</b>	Sophie Sherwood	1 day	Sat	11 May	10:00 - 13:00	£42.50
SA33	<b>Watergrams*</b>	Molly Anstee	1 day	Sun	12 May	10:00 - 13:00	£43.50
SA34	<b>Pinhole Photography</b>	Wendy Leocque	1 day	Sat	18 May	10:00 - 16:00	£82.00
SA35	<b>Cyanotypes Printing</b>	Martin Edwards	1 day	Sat	25 May	10:00 - 16:00	£67.00
SA36	<b>Plant Developer - Mint*</b>	Sophie Sherwood	1 day	Sat	25 May	10:00 - 16:00	£77.00
SA37	<b>Salt Printing Photography Workshop</b>	Martin Edwards	1 day	Sun	26 May	10:00 - 16:00	£67.00
SA38	<b>Large Format Photography*</b>	Martin Edwards	1 day	Sat	01 Jun	10:00 - 16:00	£77.00
SA39	<b>Mud Photography Workshop</b>	Sophie Sherwood	1 day	Sat	08 Jun	10:00 - 16:00	£77.00
SA46	<b>Intro to Black and White Photography</b>	Sarah Currie	1 day	Sun	16 Jun	10:00 - 16:00	£82.00
SA40	<b>Scanography*</b>	Sophie Sherwood	1 day	Sat	22 Jun	10:00 - 16:00	£72.00
SA41	<b>Studio Photography*</b>	Martin Edwards	1 day	Sat	06 Jul	10:00 - 16:00	£77.00
SA42	<b>Developing Film in Caffenol (Coffee)</b>	Martin Edwards	1 day	Sun	07 Jul	10:00 - 13:00	£43.50

## PRINTMAKING

CODE	COURSE	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
BA38	<b>Exploring Monoprinting</b>	Cathy Mills	6 wks	Mon	10 Jun	13:30 - 16:30	£187.00
BA40	<b>Lino Printing</b>	Kerry Day	6 wks	Mon	03 Jun	15:00 - 17:00	£133.00
BA42	<b>Lino Printing</b>	Kerry Day	6 wks	Mon	03 Jun	17:30 - 19:30	£133.00
BA46	<b>Lino Printing</b>	Kerry Day	6 wks	Wed	05 Jun	15:00 - 17:00	£133.00
BA48	<b>Lino Printing</b>	Kerry Day	6 wks	Wed	05 Jun	17:30 - 19:30	£133.00
	<b>WORKSHOP</b>						
SA44	<b>Multi Block Lino Printing Weekend</b>	Kerry Day	2 days	Sat + Sun	18 + 19 May	10:00 - 16:00	£139.00

## CRAFTS

## SCULPTURE

CODE	WORKSHOP	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
SA45	<b>Creative Wire Sculpture</b>	Barbara Ash	1 day	Sat	04 May	10:00 - 16:00	£72.00

## SEWING: BEGINNERS

	WORKSHOP						
SC01	<b>Sewing for Beginners</b>	Margaret Crump	2 days	Sat + Sat	20 Apr + 11 May	10:00 - 16:00	£134.00

## SEWING: MULTI LEVEL

WORKSHOP							
SC03	<b>Visible Mending Masterclass</b>	Ronnie Wright	1 day	Sun	12 May	10:00 - 16:00	£62.00
SC04	<b>Handmade Lingerie Workshop</b>	Lorraine Joseph	1 day	Sat	18 May	10:00 - 16:00	£67.00
SC05	<b>Sewing Surgery</b>	Karen Reilly	1 day	Sat	15 Jun	10:00 - 16:00	£67.00
SC06	<b>Visible Mending Masterclass</b>	Ronnie Wright	1 day	Sat	06 Jul	10:00 - 16:00	£62.00

## EMBROIDERY

CODE	WORKSHOP	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
SC07	<b>Introduction to Sashiko Hand Embroidery</b>	Jessica MacKie	1 day	Sun	05 May	9:30 - 12:30	£38.50
SC11	<b>Introduction to Sashiko Hand Embroidery</b>	Jessica MacKie	1 day	Sun	05 May	13:30 - 16:30	£38.50
SC08	<b>Beginners Hand Embroidery</b>	Jessica MacKie	1 day	Sun	19 May	10:00 - 16:00	£67.00
SC09	<b>Beginners Ribbon Embroidery</b>	Jessica MacKie	1 day	Sun	26 May	10:00 - 16:00	£72.00
SC10	<b>An Introduction to Bargelo*</b>	Jessica MacKie	1 day	Sun	09 Jun	10:00 - 13:00	£43.50

## LEATHER

CODE	COURSE	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
BC11	<b>Working with Leather</b>	Filip Balogh	6 wks	Wed	05 Jun	19:45 - 21:45	£148.00

## QUILTING

CODE	COURSE	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
BC13	<b>Learn how to make a Patchwork Quilt*</b>	Rachel Preston	6 wks	Tue	04 Jun	10:00 - 13:00	£177.00

## WOOL CRAFTS

CODE	WORKSHOP	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
SC14	<b>Make a set of baskets with Tunisian crochet*</b>	Cristina Valladares	1 day	Sat	04 May	10:00 - 16:00	£62.00
SC15	<b>Weave a Scarf using a Back Strap Loom</b>	Jo Peake	1 day	Sun	12 May	10:00 - 16:00	£77.00
SC16	<b>Weave a Scarf using a Back Strap Loom</b>	Jo Peake	1 day	Sun	19 May	10:00 - 16:00	£77.00
SC17	<b>Weave a Set of Coasters</b>	Jo Peake	1 day	Sun	02 Jun	10:00 - 13:00	£48.50
SC35	<b>Macrame Magic: Crafting Beautiful Plant Hangers</b>	Chrysanthi Paschou	1 day	Sun	09 Jun	10:00 - 12:30	£28.75
SC18	<b>Macrame Magic: Crafting Beautiful Plant Hangers</b>	Chrysanthi Paschou	1 day	Sun	09 Jun	13:30 - 16:00	£28.75
SC19	<b>Weave a Set of Coasters</b>	Jo Peake	1 day	Sun	07 Jul	10:00 - 13:00	£48.50

## SILVER JEWELLERY MAKING TECHNIQUES

CODE	WORKSHOP	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
SC21	<b>Silver Ring in a Day</b>	Iona Hall	1 day	Sun	02 Jun	10:00 - 16:30	£96.75
SC22	<b>Silver Ring in a Day</b>	Heather Coleman	1 day	Sun	09 Jun	10:00 - 16:00	£92.00
SC23	<b>Silver Ring in a Day</b>	Heather Coleman	1 day	Sun	16 Jun	10:00 - 16:00	£92.00

## WOOD CRAFTS

CODE	COURSE	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
BC16	<b>Woodcarving Course</b>	Alistair Park	6 wks	Thu	06 Jun	10:30 - 12:30	£138.00
<b>WORKSHOP</b>							
SC24	<b>Make a Willow Hare</b>	Sarah Edwards	1 day	Sat	04 May	10:00 - 16:00	£72.00
SC25	<b>Make a Willow Berry Basket</b>	Sarah Edwards	1 day	Sun	19 May	10:00 - 16:00	£72.00

## MOSAIC

CODE	WORKSHOP	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
SC27	<b>Mosaic Workshop</b>	Frankie Hudson	1 day	Sat	15 Jun	10:00 - 16:00	£77.00
SC28	<b>Mosaic Workshop</b>	Frankie Hudson	1 day	Sat	06 Jul	10:00 - 16:00	£77.00

## STAINED GLASS

CODE	COURSE	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
BC18	<b>Copper Foiling</b>	Stuart Low	6 wks	Tue	04 Jun	10:00 - 12:30	£170.00
BC20	<b>Stained Glass</b>	Stuart Low	6 wks	Tue	04 Jun	13:30 - 16:00	£170.00
<b>WORKSHOP</b>							
SC29	<b>Stained Glass Taster Day</b>	April Owens	1 day	Sat	08 Jun	10:00 - 16:30	£111.75
SC30	<b>Stained Glass Taster Day</b>	April Owens	1 day	Sun	07 Jul	10:00 - 16:30	£111.75

## FLOWER ARRANGING

CODE	WORKSHOP	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
SC31	<b>DIY wedding day flowers*</b>	Louise Bastow	1 day	Sat	18 May	10:00 - 16:00	£147.00
SC32	<b>Flower Arranging for Your Home*</b>	Louise Bastow	1 day	Sat	01 Jun	10:00 - 16:00	£152.00

## BATIK

CODE	WORKSHOP	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
SC36	<b>Hand painted Batik Workshop*</b>	Zariq Rosita-Hanif	1 day	Sun	05 May	10:00 - 16:00	£77.00



## BOOK BINDING

CODE	WORKSHOP	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
SC34	<b>Make your own sketchbook! Introduction to bookbinding*</b>	Sophia Link	1 day	Sun	16 Jun	10:00 - 13:00	£38.50

## POTTERY

### POTTERY WORKSHOPS

CODE	WORKSHOP	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
SP03	<b>Pottery: Throwing and Turning Taster</b>	Sam Hallett	1 day	Sat	04 May	10:00 - 16:00	£90.00
SP04	<b>Pottery: Throwing and Turning Taster</b>	Holly Young	1 day	Sat	11 May	10:00 - 16:00	£90.00
SP05	<b>Pottery: Throwing and Turning Taster</b>	George Myers	1 day	Sat	18 May	10:00 - 16:00	£90.00
SP06	<b>Pottery: Glazing Techniques and Tips</b>	Sam Hallett	1 day	Sun	19 May	10:00 - 16:00	£80.00
SP07	<b>Pottery: Throwing and Turning Taster</b>	Rebecca O'Farrell	1 day	Sat	25 May	10:00 - 16:00	£90.00
SP08	<b>Pottery: Bud Vases*</b>	Holly Young	1 day	Sat	01 Jun	10:00 - 16:00	£80.00
SP09	<b>Pottery: Open Studio Workshop</b>	Margaret Crump	1 day	Sat	08 Jun	10:00 - 16:00	£75.00

## MUSIC, DANCE + PERFORMANCE

### DANCE COURSES

CODE	COURSE	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
BD03	<b>Holistic African Dance</b>	Grace Ekall	6 wks	Mon	03 Jun	12:00 - 13:15	£72.50
BD06	<b>AfroFIT Dance</b>	Grace Ekall	6 wks	Mon	03 Jun	19:15 - 20:15	£54.00
BD08	<b>Line Dancing Beginner</b>	Christine Power	6 wks	Tue	04 Jun	12:00 - 13:00	£54.00

### DANCE WORKSHOPS

CODE	WORKSHOP	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
SD01	<b>Burlesque Dance Workshop</b>	Claire Phipps	1 day	Sat	11 May	10:30 - 12:30	£29.00
SD02	<b>Beyonce Dance Workshop</b>	Claire Phipps	1 day	Sat	11 May	13:00 - 15:00	£29.00
SD03	<b>Improvised Dance Workshop*</b>	Ting Ting Wu	1 day	Sun	12 May	10:00 - 12:00	£19.00
SD04	<b>Beginners Line Dancing</b>	Christine Power	1 day	Sat	08 Jun	10:30 - 12:30	£19.00
SD05	<b>An Introduction to Circle Dance</b>	Christine Power	1 day	Sat	22 Jun	10:30 - 12:30	£19.00



## GUITAR

CODE	COURSE	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
BD13	<b>Guitar: Extended</b>	Steve Haynes	6 wks	Wed	05 Jun	14:30 - 16:30	£108.00
	<b>WORKSHOP</b>						
SD06	<b>Blues Guitar: Improvising, Theory and Technique</b>	Steve Haynes	1 day	Sun	09 Jun	10:00 - 16:00	£57.00

## SINGING

CODE	COURSE	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
BD18	<b>Singing for Vocal Practice*</b>	Christina Smith	6 wks	Tue	04 Jun	10:00 - 11:00	£54.00
BD20	<b>Singing for Vocal Ease</b>	Christina Smith	6 wks	Tue	04 Jun	14:00 - 15:00	£54.00
BD22	<b>Singing for Vocal Ease Extended</b>	Christina Smith	6 wks	Tue	04 Jun	15:15 - 16:15	£54.00
	<b>WORKSHOP</b>						
SD08	<b>Lyric and Song Writing</b>	Christina Smith	1 day	Sat	01 Jun	10:00 - 16:00	£57.00
SD09	<b>Simply Singing*</b>	Christina Smith	1 day	Sat	08 Jun	10:00 - 13:00	£28.50

## UKULELE, HARMONICA + RECORDER

CODE	COURSE	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
BD25	<b>Ukulele Club For All</b>	Ben Searle	6 wks	Thu	06 Jun	14:00 - 15:30	£81.00
	<b>WORKSHOP</b>						
SD11	<b>You can play Ukulele today!</b>	Ben Searle	1 day	Sun	05 May	13:30 - 16:00	£23.75
SD12	<b>Beginning in Music with Recorder</b>	Jennifer Mackerras	1 day	Sat	25 May	10:30 - 12.30	£19.00

## COMEDY

CODE	WORKSHOP	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
SD14	<b>Introduction to Performing Stand up Comedy</b>	Alexander Farrow	1 day	Sun	07 Jul	13:00 - 16:00	£28.50

# WRITING

CODE	COURSE	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
OW04	<b>Just Write (Online)</b>	Grace Palmer	6 wks	Tue	04 Jun	19:00 - 21:00	£108.00
BW06	<b>Writing the Gallery (Poetry)</b>	Suzannah V. Evans	6 wks	Wed	05 Jun	10:00 - 12:00	£108.00
OW07	<b>Writing for Wellbeing (Online)</b>	Marilyn Reynolds	6 wks	Wed	05 Jun	19:30 - 21:00	£81.00
BW10	<b>The Practice of Poetry</b>	Rosemary Dun	6 wks	Thu	06 Jun	17:30 - 19:30	£108.00
OW12	<b>Find Your Poetic Voice (Online)</b>	Stefan Mohamed	6 wks	Thu	06 Jun	19:00 - 21:00	£108.00
<b>WORKSHOP</b>							
SW18	<b>Writing Alternate Worlds*</b>	Nick Hunt	1 day	Sat	04 May	10:00 - 16:00	£57.00
SW19	<b>The Poetry of Friendship*</b>	Suzannah V. Evans	1 day	Sun	05 May	10:00 - 13:00	£28.50
SW20	<b>Writing from your Own Life Workshop</b>	Jane Lawrence	2 days	Sun + Sun	19 + 26 May	10:00 - 16:00	£114.00
SW22	<b>Fantastic Flash Fiction</b>	Grace Palmer	1 day	Sat	25 May	13:30 - 16:30	£28.50
SW21	<b>Lunch Poems</b>	Suzannah V. Evans	1 day	Sun	02 Jun	10:00 - 13:00	£28.50

# WELLBEING

<b>WORKSHOP</b>							
SF06	<b>Introduction to Intuitive Eating</b>	Carolyn Taylor	1 day	Sat	04 May	10:00 - 16:00	£57.00
SF07	<b>Lucid Dreaming</b>	Rosanne Jacks	1 day	Sun	12 May	10:00 - 16:00	£60.00
SF08	<b>Breathe with Ease – Feldenkrais Method</b>	Jackie Adkins	1 day	Sat	25 May	10:00 - 12:30	£28.75
SF09	<b>Easier Turning and Reaching – Feldenkrais Method</b>	Jackie Adkins	1 day	Sat	25 May	13:30 - 16:00	£28.75
SF10	<b>Hypnotherapy with Mindfulness*</b>	Kate Jordan	1 day	Sun	02 Jun	10:00 - 16:00	£57.00
SF11	<b>Herbs for Peri and Menopause Health</b>	Claire Goulding	1 day	Sat	08 Jun	10:00 - 16:00	£62.00
SF12	<b>Articulate Arms – Feldenkrais Method</b>	Jackie Adkins	1 day	Sat	15 Jun	10:00 - 12:30	£28.75
SF13	<b>Facial Rejuvenation Acupressure</b>	Catherine Sforza	1 day	Sat	15 Jun	13:00 - 16:00	£28.50
SF14	<b>Flexible Legs – Feldenkrais Method</b>	Jackie Adkins	1 day	Sat	15 Jun	13:30 - 16:00	£28.75
SF15	<b>Herbs for Menstrual Health</b>	Claire Goulding	1 day	Sun	07 Jul	10:00 - 16:00	£62.00
SF16	<b>Introduction to Mindfulness for Stress Management</b>	Claire-Louise Symonds	1 day	Sun	07 Jul	10:30 - 12:30	£24.00
SF17	<b>Yoga for Cyclists</b>	Claire-Louise Symonds	1 day	Sun	07 Jul	14:00 - 16:00	£24.00
SF18	<b>Healthy Spine Pilates</b>	Jess Dorse	1 day	Sat	13 Jul	10:30 - 12:30	£19.00

## LIFE + LEISURE

CODE	COURSE	TUTOR	LENGTH	DAY	START	TIME	FULL FEE
BM01	<b>An Introduction to Western Art History*</b>	Francesca Ramsay	6 wks	Mon	10 Jun	10:00 - 12:00	£108.00
BM03	<b>Interior Design Course</b>	Hannah Redden	6 wks	Mon	03 Jun	17:30 - 19:30	£118.00
BM04	<b>Naked Attraction: A History of the Painted Nude*</b>	Francesca Ramsay	6 wks	Tue	11 Jun	14:00 - 16:00	£108.00
<b>WORKSHOP</b>							
SM02	<b>Creative Tea Blending*</b>	George Dunkerton	1 day	Sat	11 May	10:00 - 13:00	£38.50
SM03	<b>Intro to Special Effects Makeup</b>	Anna Randall	1 day	Sat	25 May	10:00 - 16:00	£67.00
SM04	<b>Intro to Special Effects Makeup</b>	Anna Randall	1 day	Sat	15 Jun	10:00 - 16:00	£67.00
SM05	<b>Global Philosophy: Daoism and the Art of Living</b>	Darren Harper	1 day	Sat	15 Jun	11:00 - 16:00	£47.50
SM06	<b>Interior Design – Mood and Concept Board to Transform your Space*</b>	Hannah Redden	1 day	Sun	16 Jun	10:00 - 16:30	£81.75
SM07	<b>Tarot for Everyone: Reading the cards*</b>	Carolyn Dougherty	1 day	Sat	06 Jul	10:00 - 13:00	£28.50

# GIFT VOUCHERS



Our gift vouchers for courses and workshops are the ideal present for those eager to learn and grow, with endless opportunities to expand their knowledge and skills. Share the joy of learning.

Gift Vouchers can be purchased from the Bristol Folk House reception, online or by phone 0117 926 2987. Gift vouchers are valid for one year from the date of purchase. They cannot be used in the Folk House Cafe. You will receive a digital code for the voucher, which you can present as you wish – or you can collect a physical voucher from Bristol Folk House reception.

**Thursday 2nd May** – The Poor Box Brothers | LIVE MUSIC

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**Friday 3rd May** – Hedera (Bristol Folk Festival) | LIVE MUSIC

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**Saturday 4th May** – Bristol Folk Festival Ceilidh | DANCE

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**Saturday 11th May** – Hartwin Dhoore | LIVE MUSIC

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**Sunday 12th May** – Sam Carter | LIVE MUSIC

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**Friday 17th May** – Rachel Carter | LIVE MUSIC

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**Saturday 18th May** – Salsa with Live Music July July | DANCE

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**Sunday 19th May** – Kim Richy | LIVE MUSIC

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**Wednesday 22nd May** – Maddi O’Brien | LIVE MUSIC

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**Thursday 23rd May** – Avellana | LIVE MUSIC

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**Saturday 25th May** – Ceilidh with Live Band | DANCE

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**Sunday 26th May** – Black Feathers | LIVE MUSIC

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**Friday 31st May** – Kathryn Williams & The Withered Hand | LIVE MUSIC

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**Sunday 2nd June** – Craft & Flea Market | MARKET

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**Friday 7th June** – Brothers Gillespie | LIVE MUSIC

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**Sunday 9th June** – Golden Shoals | LIVE MUSIC

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**Friday 14th June** – Charm of Finches | LIVE MUSIC

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**Saturday 15th June** – Salsa class with DJ | DANCE

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**Friday 21st June** – Ceilidh with Live Band | DANCE

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**Sunday 30th June** – The Fugitives | LIVE MUSIC

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**Sat 20th July** – Salsa Class with DJ | LIVE MUSIC

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**Saturday 24th August** – Salsa with Live Band Combo Yanze Latin Band | DANCE

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For more information and bookings:

0117 926 2987

[www.bristolfolkhouse.co.uk/live-music](http://www.bristolfolkhouse.co.uk/live-music)

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